

# FREE Demonstrations and Mini-Classes\* Tai Chi • Qigong • Yoga • Drum Circle

April 27, 2024 10am-12:00pm

## World Tai Chi & Qigong Day

At Meadowlark Botanical Gardens—Vienna, VA

The last Saturday of April each year at 10 am local time, tens of thousands, in 100s of cities, spanning 80 nations join together to celebrate World Tai Chi & Qigong Day.

Come be part of this outdoor, family-friendly event—watch, participate, experience, celebrate.

For full details



or visit

[PeaceableDragon.org](https://PeaceableDragon.org)

\*\$4 Meadowlark Botanical Gardens entrance fee. All demonstrations and classes are free.



Peaceable Dragon

Peaceable Dragon is a consortium of instructors and students of the internal arts who seek to further develop and enhance their physical, emotional and spiritual condition.