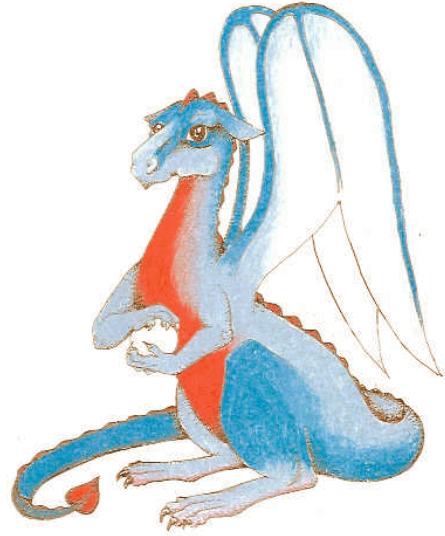


*Acceptance and Cultivation of  
the **Dragon Pearl** at  
Daybreak*

*A personal practice for those seeking wisdom*

**Arlington, Virginia** - begins  
Tuesday, January 9<sup>th</sup>, 2017  
Barcroft Community House  
800 S. Buchanan St., Arlington, VA  
6:30PM to 7:45PM ~ Ten weeks ~ \$130

**This form is practiced in both standing and sitting positions. It is not for beginners.**



*The dragon in many cultures provides an example of loyalty, strength and power. Often challenged to overcome difficulties, it uses its wisdom and tenacity to find balance. A fearless protector of the gentle and humble, the dragon unconditionally shares to those with compassion and a desire to help humanity.*

*"A person may be a dragon or a phoenix, yet may not know until and unless somehow awakened."  
Master Li Jun Feng*

**Paul Rischard** is known for satisfying a variety of learning styles as well as for providing an atmosphere of warmth and humor in his sessions. His workshops furnish as core elements an opportunity for increasing physical, emotional and spiritual growth



*Class begins Tuesday, January 9<sup>th</sup> and will include 10 sessions  
6:30pm - 7:45pm - \$130*

**Experienced drop-ins are welcome - \$16**  
Barcroft Community House, 800 S. Buchanan St., Arlington, VA

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**Registration:**

Name \_\_\_\_\_

e-mail \_\_\_\_\_ amount enclosed \_\_\_\_\_

Check to *Paul Rischard* and sent to 8562 Gwynedd Way, Springfield, VA 22153 or brought to class  
Cash and major credit cards also accepted

For more information call 215-307-0711 or [www.PeaceableDragon.org](http://www.PeaceableDragon.org)

**Member of the Peaceable Dragon Internal Arts Consortium**

